

MARISSA CLOUTIER

DEPARTMENT OF SOCIAL & BEHAVIORAL SCIENCES
TEMPLE UNIVERSITY, COLLEGE OF PUBLIC HEALTH
PHILADELPHIA, PA 19122

EDUCATION

- 2016 Sc.D., Nutrition Science (Minors, Nutrition Epidemiology and Environmental Epidemiology), Harvard T.H. Chan School of Public Health, Boston, MA
- 1996 M.S., Human Nutrition and Metabolism, Boston University, Boston, MA
- 1994 Dietetic Internship, Beth Israel Deaconess Medical Center, Boston, MA
- 1992 B.S., Nutrition Sciences, California Polytechnic State University, San Luis Obispo, CA

APPOINTMENTS

- 2016- Assistant Professor of Instruction, Department of Social & Behavioral Sciences, Temple University College of Public Health, Philadelphia, PA
- 2016 Assistant Professor of Biology and Nutrition, University of Hartford, West Hartford, CT
- 2003-2016 Instructor of Biology and Nutrition, University of Hartford, West Hartford, CT
- 2001-2004 Adjunct Instructor of Nutrition, Briarwood College, Southington, CT

CLINICAL EXPERIENCES

- 1997-1998 Inpatient Clinical Dietitian, Faulkner Hospital, Boston, MA
- 1996-1997 Director of Nutrition, Physicians Weight Control Center, Boston, MA
- 1994-1995 Dietetic Intern, Beth Israel (Deaconess) Hospital, Boston, MA
- 1993-1994 Dietetic Technician, University of Virginia Health Sciences Center, Charlottesville, VA

AWARDS/HONORS

- 2019 *Most Valuable Professor*, Temple University's Women's Lacrosse team
- 2018 *Most Valuable Professor*, Temple University's Women's Soccer team
- 2009 *Excellence in Teaching Award* and *Honorary Induction*, Sigma Alpha Pi, The National Society of Leadership and Success, University of Hartford.
- 2007 University of Hartford's *Outstanding Achievements in Pedagogy*.
- 1997 *Employee Recognition 'Bravo' Award*, Faulkner Hospital, Boston, MA.

GRANTS

- 2008-2009 Hartford Consortium for Higher Education, 2008-09 Faculty and Staff Grant, *Collaborative Child Obesity Prevention Initiative for the City of Hartford*.
- 2007-2007 Hartford Consortium for Higher Education, 2007-08 Faculty Grant, Renewed *Collaborative Child Obesity Prevention Initiative for the City of Hartford*.

FELLOWSHIPS

- 2015 *University of Hartford's Engaged Learning Fellowship*

2009-2011 *R25 Nutritional Epidemiology Training Grant*, National Cancer Institute, Departments of Nutrition and Epidemiology, Harvard School of Public Health, Boston, MA.

SCHOLARSHIP

2013-2016 *Irene M. & Fredrick J. Stare Nutrition Education Fund*. Department of Nutrition, Harvard School of Public Health, Boston, MA.

PUBLICATIONS

18. Cloutier, M; Cohen, J; Gaughan, M; Jensen, M; and Lewis, K. (2009). Overweight & Obesity in Connecticut: Precursors, Policies, and Possibilities (Issue Brief). Published for the Connecticut Public Health Policy Institute. Research funded by Universal Health Care Foundation of Connecticut.
17. Harney, J and Cloutier, M. (2006) Issues of Health & Society: Weighing In. SENCER (Science Education for New Civic Engagements and Responsibilities).
16. Cloutier, M and Adamson, E. (2004) The Mediterranean Diet. Avon Books, 2nd edition.
15. Cloutier, M, Romaine, D, and Adamson, E. (2002) Beef Busters. Adams Publishing, Inc.
14. Cloutier, M and Adamson, E. (2001) The Mediterranean Diet. HarperTorch, 1st edition.
13. *The Mediterranean Diet*, Boston University, School of Public Health, *Healthy Aging* web site, 1997.
12. *Step I/II*, Boston University, School of Public Health, *Healthy Aging* web site, 1997
11. *The Ornish Diet*, Boston University, School of Public Health, *Healthy Aging* web site, 1997.
10. Data charts of food sources for each of the following nutrients: Omega 3 fatty acids, Folate, Vitamin B12, Vitamin B6, Vitamin E, Vitamin D, Cholesterol, Saturated and Total Fat, Soy Protein, and Calcium. Included was a chart of the caloric value of various alcoholic beverages. Provided for the Boston University, School of Public Health, *Healthy Aging* web site, 1997.
9. Nutrition and COPD. Check Med Systems, Inc., 1998
8. Breast-feeding Diet. Check Med Systems, Inc., 1998
7. Pregnancy Diet. Check Med Systems, Inc., 1998
6. High/Low Iron Diet. Check Med Systems, Inc., 1998
5. Asian Diet. Check Med Systems, Inc., 1998
4. *Steering Clear of Cancer Cyberquackery*, Tufts University Health and Nutrition Letter, Vol. 15, No.2, April 1997.
3. *Binge Eating Disorder Comes Out of the Closet*, Tufts University Diet and Nutrition Letter,

Vol. 14, No 11, January 1997.

2. 'PMS Escape' Escapes Scientific Rigor, Tufts University Diet and Nutrition Letter, Vol. 14, No. 3, May 1996.

1. *Liquid Supplement Markers Pour It on Thick*, Tufts University Diet and Nutrition Letter, Vol 14, No. 2, April 1996.

ACADEMIC & POLICY-BASED PRESENTATIONS

28. Poster Presenter, Cloutier, M, Caruso, C, and Burkholder, C. *Establishing and Utilizing a Campus Community Garden to Foster Learning and Community Outreach*, at the Academy of Nutrition and Dietetics, Food & Nutrition Conference & Expo (FNCE) 2019, Philadelphia, PA.
27. Poster Presenter, Cloutier, M and G, Tripicchio. *Examining College Students' Eating Behaviors and Preferences for Nutrition Programming*, at the Academy of Nutrition and Dietetics, Food & Nutrition Conference & Expo (FNCE) 2019, Philadelphia, PA.
26. Panel Moderator, *Envisioning a Green and Just Food Economy*, Temple University, April 11, 2019.
25. Panel Speaker, *Eta Sigma Gamma Network to Success*, Temple University, April 5, 2017.
24. Panel Speaker, *Slow Food*, Temple University Rome, 50th Anniversary, Temple University, March 21, 2017.
23. Panel Speaker, *Overweight & Obesity in Connecticut: Precursors, Policies, & Possibilities*, Legislative Office Building, Hartford, CT, January 19, 2010.
22. Presenter, *The Effects of Dietary Patterns on the Environment and Public Health*, Cancer & Nutrition Epidemiology Fellows Meeting, Harvard School of Public Health, Boston, MA, December 2009.
21. Presenter (co-organizer and host), *Overweight & Obesity in Connecticut: Precursors, Policies, & Possibilities*, Connecticut Public Policy Institute, Harry Jack Grey Center, University of Hartford, West Hartford, CT, May 14, 2009.
20. Presenter (co-organizer and host), *Overweight & Obesity Round Table Discussion & Dinner*, Connecticut Public Health Policy Institute, University of Hartford, January 29, 2009.
19. Panel Speaker, *The School Environment: Nutrition Education through Service Learning*, at the Preventing Childhood Obesity Legislative Forum: A Healthy Imperative for Connecticut's Next Generation, Legislative Office Building, Hartford, CT, November 7, 2008
18. Presenter, *Sustainability in the Hillyer College Curriculum*, Hillyer College Faculty Meeting, University of Hartford, West Hartford, CT, October 23, 2008.
17. Presenter, *Nutrition & the Environment*, The President's College, University of Hartford, West Hartford, CT, February 28, 2008.

16. Panel Speaker, *Environmental Policy*, Climate Action Coalition's Inaugural Global Sustainability & Climate Change Symposium, Central Connecticut State University, New Britain, CT, January 30, 2008.
15. Poster Co-Presenter, *Researching Children's Diets & Exercise Habits at the Magnet Elementary School*, Wine & Cheese Reception with Faculty Teaching Award Winners, University of Hartford, West Hartford, CT, October 2007.
14. Presenter, *Nutrition Service Learning in Action*, Hartford Consortium for Nutrition Service Learning Symposium, St. Joseph's University, West Hartford, CT, October 2007.
13. Presenter, *Obesity: Biology & Beyond*, Faculty Feature, Hillyer Faculty Day, Hillyer College, University of Hartford, West Hartford, CT, August 2007.
12. Poster Developer & Presenter, *Issues of Health & Society: Weighing In on the Obesity Crisis*, National Center for Science and Civic Engagement Capitol Hill Symposium & Poster Session, Rayburn House Office Building, Washington, D.C., March 12, 2007.
11. Presenter, *Issues of Health & Society: Weighing In on the Obesity Crisis*, National Center for Science and Civic Engagement Capitol Hill Symposium, Charles Sumner School, Washington, D.C., March 12, 2007.
10. Presenter, *Issues of Health & Society: Weighing In on the Obesity Crisis*, SENCER 2007 New England Regional Meeting, Springfield College, Springfield, MA. January 11, 2007.
9. Independently organized, promoted, and moderated, *Global Warming: What Can We Do about It? Panel Discussion*, Wilde Auditorium, University of Hartford, West Hartford, CT, February 1, 2007.
8. Panel Moderator, *Service Learning and Building Community Alliances*, SENCER 2007 New England Regional Meeting, Springfield, MA, January 11, 2007.
7. Panel Moderator, *Effective Classroom Assessment*, SENCER New England Regional Meeting, Springfield, MA, November 11, 2005.
6. Presenter, *Healthy Eating, the Diabetes Way*, Physical Therapy Graduate Student Symposium, University of Hartford, West Hartford, CT, October 31, 2006.
5. Co-Presenter, *Weighing In: (Obesity) Implications for Health & Society*, National SENCER 2005 Summer Institute, Santa Clara University, CA, August 8, 2005.
4. Presenter, *Popular Diets: Healthful or Harmful*, Hillyer Day 2005, University of Hartford, March 28, 2005.
3. Guest Lecturer, *Mediterranean Diet: Applying the Principles*, Hospitality Management Department, Manchester Community College, Manchester, CT, February 8, 2005.
2. Presenter, *The Mediterranean Diet*, Connecticut Dietetic Association Affiliate Spring Meeting, Rocky Hill, CT, May 3, 2002.
1. Poster developer, *Nutrition Education through Collaborative Service Learning*, American Dietetic Association National Meeting. Presented by Dr. Margaret Gaughan, Chicago, IL,

October 2008.

COMMUNITY BASED PRESENTATIONS

4. Speaker, "Hunger and a Sustainable Harvest," Salons at Stowe, Harriet Beecher Stowe Center, Hartford, CT, October 23, 2008.
3. Speaker, "Nutrition Basics: the Basics of You," University of Hartford Staff Lunch Forum, West Hartford, CT, June 14, 2007.
2. Presenter, "Biology Basics: The Basics of You," Parents Weekend, University of Hartford, West Hartford, CT, October 12, 2005.
1. Keynote Speaker, "Applying the Principles of the Mediterranean Diet at Home and Beyond," Healthy Lifestyles Symposium, Center for Community Outreach, Marshfield Clinic, Marshfield, WI, September 30, 2003.

TV, RADIO, LIVE INTERNET APPEARANCES

16. Guest Appearance, *Benefits of a Mediterranean Diet*, Fox Connecticut News, Hartford, CT, April 18, 2012: http://www.youtube.com/watch?v=G891M27_4kg.
15. Guest Appearance, *The Mediterranean Diet & How Food Affects the Environment*, Better Connecticut, WFSB (CBS-Ch 3), Rocky Hill, CT, September 29, 2008, <http://www.wfsb.com:80/video/17590469/index.html>
14. Panel Speaker (recorded and rebroadcasted multiple times), *Nutrition Education through Service Learning*, part 4 of Panel B: *The School Environment, Preventing Childhood Obesity Legislative Forum*, CT-N, Connecticut Network, West Hartford, CT, <http://www.ctn.state.ct.us/ondemand.asp?ID=3938>.
13. Guest Host, *Nutrition and the Environment/Mediterranean Diet*, Dr. Radio Show, Sirius Satellite Radio, 30 minute live segment, May 20, 2008.
12. Featured Guest, *You are What You Eat*, West Hartford (CT) Community Television, 30-minute segment discussing basic nutrition and related environmental issues. April 26, 2008.
11. Guest Appearance, STN2.TV, University of Hartford's Student Television Network, February 28, 2008.
10. Guest Appearance, STN2.TV, University of Hartford's Student Television Network, October 13, 2006.
9. Guest Appearance, Shape.com Chat Room. April 23, 2002.
8. Guest Appearance, News 12, Yonkers, New York, April 26, 2001.
7. Guest Appearance, Connecticut Cablevision, West Hartford, CT, May 9, 2001.

6. Guest Appearance, KROK Magazine, WXRK-FM, New York, New York, January 2002.
5. Guest Appearance, Here & Now, WBUR (FM-Boston Public Radio), Boston, MA, January 2002.
4. Guest Appearance, A Matter of Taste, Lasko Productions (National Syndication – AM), January 2002.
3. Guest Appearance, Conversation, WIP (AM), Philadelphia, PA, January 2002.
2. Guest Appearance, The Public Eye, WICN-FM (National Public Radio), Worcester, MA, January 2002.
1. Guest Appearance, The Lizzie Fits Show, EYADA.com, April 2001.

PRINT MEDIA FEATURES/QUOTATIONS

21. *Campus Farmers' Market Teaches the Importance of Nutrition*, UNotes Daily, University of Hartford, October 20, 2014.
20. *Not a Diet, but a Lifestyle: The Mediterranean Way* by Irene Thomas, The Costco Connection, January/February edition, 2010.
19. *Grants Watch: Obesity Prevention*, Health Affairs: The Policy Journal of the Health Sphere, Vol 28 (4), page 2116. July/Aug 2009.
<http://content.healthaffairs.org/cgi/content/full/28/4/1215/DC1#obese>.
18. *The Low Carbon Diet*, by Juliann Schaeffer, Today's Dietitian, Vol 10 (9), pages 42-48. September 2008.
17. *Consortium Sponsors Global Warming Symposium*, Consortium News, Hartford Consortium for Higher Education, Spring 2008.
16. *Think Global, Eat Local*, Observer Magazine, University of Hartford, Spring 2008.
15. *Cloutier to Pursue Unique Program at Harvard*, UNotes Daily, University of Hartford, May 6, 2008.
14. *Hillyer Students Take Action at Climate Change Symposium*, UNotes Daily, University of Hartford, February 20, 2008.
13. *New Service Learning Project Addresses Childhood Obesity*, Consortium News, Fall 2007.
12. *Cloutier, Students Promote Course in Washington*, UNotes Daily, Fall 2007.
11. *Documentary Promotes Campus Change*, The Informer, University of Hartford, February 8, 2007.
10. *An Inconvenient Truth*, UNotes Daily, January 24, 2007.

9. *Resident, Author, Nutritionist Says Enjoying Food Should Be No. 1 Rule*, Southington Citizen, Friday, December 29, 2006.
8. *Mediterranean Diet Draws Rave Reviews*, Calgary Herald, p N11, Thursday, November 2, 2006.
7. *Obesity Course Awarded Recognition*, Hartford Courant, Tuesday, October 3, 2006.
6. *University Class Receives National Recognition*, The Informer, Thursday, October 12, 2006.
5. *Accolades*, UNotes Daily, September 27, 2006.
4. *Cloutier Urges School Reform Legislation*, UNotes Daily, February 22, 2006.
3. *Diet Secrets from around the World*, Your Diet Magazine, p. 71, March 2005.
2. *Help! I Hate Vegetables*, by Debra Michals, Woman's World Magazine, April 8, 2003.
1. *Eatright News*, Shape Magazine, Vol 21, No 9, p. 133, May 2002.

SERVICE TO TEMPLE UNIVERSITY

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| 2018- | Lead Member, Nutrition Graduate (MPH/RD) Program Development Committee, Department of Social & Behavioral Sciences, College of Public Health |
| 2017-19 | Chair, Nutrition Minor Committee, Department of Social & Behavioral Sciences, College of Public Health |
| 2019- | Lead Member, Nutrition Minor Committee, Department of Social & Behavioral Sciences, College of Public Health |
| 2019- | Faculty Representative, Experience Temple Days, Department of Social & Behavioral Sciences, College of Public Health |
| 2016-18 | Lead Member, Nutrition Undergraduate Program Development Committee, Department of Social & Behavioral Sciences, College of Public Health |
| 2017 | Nutrition Minor Program Developer <with substantive input from Dr. Steven Lepore and Ms. Caite Wolak, MPH>, Department of Social & Behavioral Sciences, College of Public Health |
| 2017-18 | Member, Climate Leadership Working Group, Temple University |
| 2017-18 | Member, Academics & Research Subcommittee of Temple University's Climate Leadership Working Group, Temple University |
| 2017-18 | Member, Sustainable Culture Subcommittee of Temple University's Climate Leadership Working Group, Temple University |
| 2017-18 | Member, Resiliency Subcommittee of Temple University's Climate Leadership Working Group, Temple University |
| 2017 | Independently developed four new nutrition courses (that are now part of the operating Nutrition Minor program) |
| 2017-19 | Faculty representative for fall undergraduate open house, College of Public Health |
| 2017 | Student research poster Judge at the CPH Research Day, April 21, 2017. |
| 2016- | Member, Undergraduate Curriculum Review Committee |
| 2016- | Faculty representative for virtual undergraduate open houses, College of Public Health |
| 2016- | Member, Biology Curriculum Review Committee, Department of Social & Behavioral Sciences, College of Public Health |

SERVICE TO UNIVERSITY OF HARTFORD

- 2014-2016 Hillyer College Representative, Faculty Senate
- 2012-2015 Independently proposed, organized, implemented, and managed the University of Hartford Farmers Market
- 2010-2016 Mentor, Undergraduate Upperclassmen Course Preceptors
- 2014-2015 Mentor, student Environmental Sustainability Residential Program
- 2005-2016 Member, Faculty Senate's Subcommittee on Sustainability and the Environment
- 2005-2016 Graduation Ceremony Marshall
- 2004-2016 Member (2004-05), Chair (2005-2016), Hillyer College Awards and Recognition Committee
- 2004-2016 Active participant in student recruitment efforts, new student orientation, and student course registration
- 2004-2016 Provided nutrition guest lectures and participated in health awareness activities throughout the university and surrounding community (as a representative of the University).
- 2009-2010 Co-developer of the student Wellness Residential Program
- 2007 Independently organized, promoted, and executed a showing of the film, *An Inconvenient Truth*, for the University of Hartford and surrounding community. Developed a climate change information flyer for the event. Wilde Auditorium, University of Hartford, West Hartford, CT. (January 25, 2007).
- 2004-2009 Undergraduate Academic Advisor

OTHER SERVICE

- 2016-2017 Independently initiated the *Philadelphia Public Health Student and Faculty Coalition* involving all institutions of higher education in the greater Philadelphia area. Organized and conducted the inaugural meeting at Drexel University in November 2016. Independently established the coalition's Facebook page.
- 2006- Have consistently incorporated service learning, community-based projects within my course curriculum.
- 2006-2009 Center for Science in the Public Interest Nutrition Advocate, Washington, D.C.
- 2005-2008 SENCER New England Regional Steering Committee Member
- 2006-2008 Dietetic Technician Academic Advisory Board Member, Briarwood College, Southington, CT

TEMPLE UNIVERSITY COURSES

- SBS 1114, Cultural Nutrition*
- SBS 1114, Cultural Nutrition (online)*
- SBS 1104, Nutrition and Health (online)*
- SBS 1104, Nutrition and Health
- SBS 2104, Nutrition in the Lifecycle+
- SBS 1124, Cooking and Presenting Food Fundamentals+
- SBS 2105, Nutrition and the Community+
- SBS 2101, Disease Prevention and Control (online)*
- SBS 4185, Internship II
- SBS 3185, Internship I

UNIVERSITY OF HARTFORD COURSES

SCB 110, Introduction to Human Nutrition (traditional and online formats)*
HS 315, Introduction to Human Nutrition (exclusively for health science majors)*
BYB 210, General Biology I
BYB 211, General Biology II
BYB 210, General Biology-by-Three (special topics)*
AUCT 115, Issues in Health & Society: Weighing In on the Obesity Crises*
AUCT 190, Assessing Complementary and Alternative Medicine*
SOC 377, Contemporary Issues in Sociology: Nutrition in the Community*

*Developed and taught the course

+Developed the course

BRIARWOOD COLLEGE COURSES

2001-2004 <Cooking> Food Fundamentals

OTHER

Spring 2016	Completed University of Hartford 6-week Online Teaching course
Spring 2014	Completed CITI Human Subjects Refresher Course, Harvard School of Public Health
Fall 2009	Completed CITI Human Subjects Course, Harvard School of Public Health
Fall 2007	Completed course to become a Certified Level 1 Reiki Master, Hartford Hospital
Spring 1996	Intern, Tufts University Health & Nutrition Letter, Boston, MA